

## CURRICULUM VITAE

**ASTRID STUCKELBERGER, PD, PhD, MAS, MSc**

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### *Professional and personal data at a glance*

Interdisciplinary Scientist  
University of Geneva and Lausanne, Switzerland

Invited Professor in European Universities

Author and international public speaker

Swiss Excellence in Science and Development

Passionate leader in the field of Ageing and Innovation

High Level International Expert:  
for the United Nations agencies, bilateral institutions and for  
the European Commission

Living in Geneva, Switzerland

Born and raised in an international environment  
with a Swiss German Father and Norwegian mother

Bilingual French-English with German, Norwegian and  
Spanish speaking/written skills

Loves creativity, arts, sports especially skiing

Professional International Ski Teacher Degree  
after competing in the Junior Swiss Ski Team

### Unique research and training experience

- **Interdisciplinary Research and policy experience**  
in primary, secondary and tertiary research bringing a unique expertise and reputation to serve the transfer of scientific findings to policy-makers, health professionals as well as the population
- **Translational research ability**  
ease to synthesize the different levels of evidence and innovation (from lab, to clinic RCT, from big data to engineers, unto community and population studies) in cutting-edge scientific findings from different disciplines and research methodologies
- **Creative interactive teaching and curriculum design** applying principles of adult learning and learning by doing
- **Communication of research and scientific data analysis to the public** through events, public journals, books and the media

### Expert network coordination and knowledge transfer skills

- the National Research Programme on Aging of 12 million Swiss Francs as Deputy Director for a decade (FNRS)
- the Geneva International Network on Ageing with WHO as co-founder and current president
- the NGO Committee on Ageing and Committee on the Status of Women at the United Nations, Geneva  
as UN NGO Representative of 2 academic organisations: IAGG and SPSSI since 15 years
- the International Association of Gerontology and Geriatrics of the European Region, as Secretary General for 8 years

### Ability to work with the multiple stakeholders in public health: Science, Civil Society, Politics and the Media

- *Knowledge of the United Nations system and mechanisms, such as participation in the Sustainable Development Goals 2015 - 2030.*  
More than 20 years of collaboration with different UN agencies for publications, training and events
- *Advisor and organiser of activities between science, state and city* in view of enhancing scientific collaboration and input in the UN agenda and bilateral agencies such as the World Bank and WEF (e.g. PNR32, GINA, etc)
- *Know how in writing, publishing process and activities around vulnerable groups; i.e. 2 official statement* on the Rights of Older Persons at the UN Human Rights Council that were effective in triggering an ongoing working group and integrating older men in CEDAW
- *Influencing policy and public dialogue through adjusted and adapted tools and instruments (Health in All Policies, Innov8, etc)*  
→ see List of publications

### CV Structure:

#### Part I

1. Professional experience
2. Education
3. Research experience
4. Teaching experience
5. Leadership experience
6. Expert-related expertise:

#### Part II

- 7 Conferences & Talks  
a) lectures b) invited talks  
c) scientific conferences  
8 Publications

#### Part III

- 9 Media

## 1 PROFESSIONAL EXPERIENCE - KEY POSITIONS

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### Academic positions

Privat-Docent, Institute of Global Health, Faculty of Medicine, University of Geneva	2001-2018
Senior Lecturer, Academic Director, Aging & Health Faculty of Biology & Medicine, University of Lausanne	since 2010
Deputy Director, Swiss National Research Programme on Ageing, Swiss National Science Foundation	1992 – 2000
Deputy Director, Interdisciplinary Centre of Gerontology, University of Geneva	1991 – 1997
Scientific Researcher, University Geriatric Hospital and University Hospital, Geneva	1986 – 1990

### Ministry of Health Geneva - Consultancy for Politician

Office of the President, Department of Health and Social Affairs, State Councillor of Geneva State	1998 – 2000
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### United Nations Organisation and the World Health Organisation (WHO)

President, Geneva International Network on Aging (GINA) at WHO – funded in 1996 with WHO	since 2008
WHO expert with several mandates as trainer, instructional designer, rapporteur, expert reviewer, author	since 1995
Junior scientific officer and editor assistant, WHO Mental Health Division, WHO Geneva	1984 – 1986

### Non-Governmental Organisation (volunteer unpaid)

United Nations representative of 2 academic professional non-governmental organisations (NGOs):	
. The Society for Psychological Study for Social Issues (USA/APA)	since 2000
. International Association of Gerontology and Geriatrics (IAGG-World)	since 2002
Secretary-General, Association of Geriatrics & Gerontology European Region (IAGG-ER)	2007 - 2015
Chair, NGO committee on Ageing, United Nations, Geneva	2004 - 2012
Vice president, NGO committee on the Status of Women, United Nations Geneva	2010-2014

### Business - Consultancy

Consultant on innovation development for 2 private clinics in Switzerland: Valère and Leukerbad Rheuma Clinic.	
Development of protocols for metabolic medicine and cutting edge innovative preventative treatments	2012-13
Boston Scientific (USA) consultation of international agencies, academics/medical doctors to find out how BS Innovative technologies can optimize delivery for the aged and adjust to culture to optimize product internationally	2016 - 2018

## 2 EDUCATION

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### ACADEMIC TITLES

Privat-Docent, Faculty of Medicine, University of Geneva	2014
Phd in Population Health (interdisciplinary/inter-faculty study), University of Geneva. <i>Cross-sectional population study (n=900) on the determinants and mechanisms of subjective/objective health assessment from a gender and age perspective (PNR32/SNSF)</i>	2000
Advanced Master of Science (MAS), University of Geneva. <i>Mental Health diagnosis in 8 primary health care centres in the world conducted with WHO</i>	1987
Master of Science (MSc), Faculty of Psychology and Educational Sciences <i>Cross-cultural analysis of punctual observations of the Kpouébo children, Ivory Coast, Africa (SNSF)</i>	1983
Certificate “International Human Rights”, Faculty of Law, University of Geneva	1983

### PROFESSIONAL TRAINING / CONTINUOUS EDUCATION

Harvard Medical School, Boston, USA: Courses and workshop, “Achieving Healthcare Leadership and Impact through Writing, Publishing and Social Media”	2015
WHO: HiAP Training Workshop for Latin America “Intersectoral Action and Social Equity”, Rio, Brasil	2015
WHO: selected for the Train the Trainer workshop “Health in All Policies (HiAP) Trainer’s Meeting”, Geneva	2015
International Human Rights World Education Programme Expert Training, OHCHR, United Nations	2011
Swiss School of Public Health “Teach the Teacher” training and certification	2007 - 2010
United Nations “Policy course and Director course in Safe Work” Certificate Safe Work Programme, ILO, Geneva	2009
Venture LAB Certificate “Start up” training, University of Geneva	2009
World Bank Seminars on International Development at the United Nations, Geneva	2001 -2005
Swiss Summer School in the Social Science Methodology, University of Geneva	1997

### 3 TEACHING EXPERIENCE

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#### FACULTY OF MEDICINE, UNIVERSITY OF GENEVA AND UNIVERSITY OF LAUSANNE

**Master of Advanced Studies in Public Health** since 2002

**Modules in Ageing and Health in other Swiss academic institutions:** Master ès Science for Nursing School, University of Lausanne and University of Applied Sciences Switzerland 2010 - 2016

**International Summer School on Global Health and Human Rights** (co-founder and academic director) 2013 -2015

- Pre- and Post-Grade: International Summer School Global Health and Human Rights (3 weeks)
- Pre-grade Global International Studies: week programme on health and human rights (1 week)

**Regular teaching and/or supervision in other departments/institutions:**

- Certificate of Advanced Studies in Community Health 2004 - 2010
- Certificate of Advanced Studies in Health, Discrimination and Human Rights 2007 - 2014
- Undergraduate Community Health Programme "Community Experiential Immersion" : 2004 - 2010
- Undergraduate teaching (2-3rd year of medical school):  
"Strategies for Successful Ageing", "Global Ageing and Longevity" "Innovation & Ageing" 2008 - 2016
- Yearly seminars at the University Hospital since 2007
- Yearly courses with the Universities of Applied Sciences (bachelor, DAS, Master) since 2004

**INTERNATIONAL TEACHING & TRAINING WORKSHOPS** 2009 - 2014

**WHO "International Health Regulation Implementation (IHR)" on-the-job training**

210 hours over a 6 month period online and residential to selected participants from WHO or Ministry of Health:  
3 courses fully delivered to Ministries of Health, WHO country offices, National Epidemiology Centres, etc  
Academic Instructor and co-developer for WHO with Georgetown University and Praetoria University

**WHO Training on "Pandemic Preparedness Plan" with Ministries of Eastern and former Russian Countries**

### 4 RESEARCH EXPERIENCE

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**Research domain**

- Bio-psycho-social, environmental and political determinants and mechanisms of health vs pathological ageing
- Evidence-based prevention and interventions for healthy and active longevity
- From population to policies: Innovation, technology and science
- International education and training material development (R&D)

**Current project R&D submitted or in development**

- "6<sup>th</sup> Sense" on Technological device for pain detection for persons suffering from Alzheimer Disease submitted to the EU and Swiss private funding
- "INTEGRAAL" e-platform with ICT solutions for an Alzheimer-friendly and solidarity community
- "Mobile Personalized Health Services": Testing a Prototype of Artificial Intelligence Biofeedback in 3 different hospitals
- EU H2020: Innovation in aging: methods research for improved health economic evaluation

**United Nations and European Union**

**European Union (FP7):** "SDH-Net: Building sustainable research capacity for health and its social determinants in low- and middle-income countries" 11 partners Africa – Latin/Central America – Europe 3 million € 2011- 15

**WHO:** Instructional designer review of INNOV8 : innovative health national programme review to include gender, social determinants, human rights. Gender Equity and Human Rights Unit (GER) 2015

**WHO** Training Material for Geneva University Students: Casebook on Research Ethics (WHO-UNIGE) 2009 - 2010

**WHO** Development and review of the new WHO Guidance on 'Pandemic Management Strategies for the European Region' with the organisation of a learning-based Workshop for 24 member states collaboration with Programme manager and team for Influenza other Respiratory Pathogens, WHO Office Europe, Copenhagen, Denmark 2012

**WHO:** Training Development Project: "International Research Ethics Training Project"  
Developing, implementing and evaluating a training module on ethics in public health research, granted by the Geneva International Academic Network (RUIG) for a WHO and Harvard University collaborative project 2006-08



<b>European research project EUROFAMCARE : Family Care for Older Persons in Switzerland</b>	2003
<b>European and International Research Agenda</b> priorities for the UN Assembly on Ageing Valencia Forum group on	2002
<b>European Research Area</b> on Population Ageing Research: European Research Priorities (FP6)	2001 – 2006
<b><u>Switzerland</u></b>	
<b>Swiss National Science Foundation (SNSF):</b> Agequake in prisons in the world: Reality, policies and practical solutions concerning custody and care for ageing prisoners	2011 – 15
<b>TA-Swiss:</b> International Study on “Anti-Ageing Medicine” and Policy recommendations, Granted by TA-Swiss the Swiss Federal Office of Education and Innovation and the Swiss Academy of Medical Science	2006-2008
<b>Secondary Study of the Swiss Household Panel (OBSAN):</b> Effects of Cumulative Disadvantages on Physical and mental health in Switzerland. Analysis of the 5 surveys of the Swiss Household Panel 1999-2004 for the Swiss Health Observatory and the Swiss Household Survey	2005-06
<b>Swiss Health Survey (OBSAN):</b> secondary Analysis of the for the Swiss Health Observatory (OBSAN) and Swiss Federal Statistical Office (OFS)	2004-06
<b>Health Promotion Switzerland:</b> scientific Review of with the 50+ (Health Promotion Switzerland) for the federal office Health Promotion Switzerland	2003
<b>Swiss Mental Health Policy:</b> International: International and European Review of Mental Health Policy for building the Swiss National Mental Health Plan for the Swiss Federal Minister of Health and Social Affairs	2001-2003
<b>Swiss National Research Programme on Aging</b>	1993 – 2000
<b>SNSF</b> Cross-sectional, longitudinal and cohort studies on the aging population in Geneva and Valais	1991 – 1997
<b>SNSF –Geriatric Hospital WHO</b> international research on Community Intervention in the Elderly widowed	1986 - 1990

## 5 LEADERSHIP EXPERIENCE

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### **FELLOWSHIP**

President, Geneva International Network on Ageing	2010 - now
Member of the Society for Psychological Studies of Social Issues, Washington, USA	2001 - now
Secretary-General, European Association of Gerontology and Geriatrics	2007 - 2015
President, Swiss Society of Gerontology and Geriatrics (SGG)	2000 –2002

### **Training development and Instructional Designer** 2008 - now

- Conceptualization, development, evaluation and co-management of different academic training programs and thesis supervision and tutoring*
- WHO: International: WHO Ethics Casebook Training (2006–09), International Health Regulation (IHR) (2009–12), Health in All Policies (2014-15), INNOV8 (2015), Evidence-informed policy (2008-09), Mental Health Policies (2009)
  - United Nations co-organisation and editing: UNECE, WHO, Ministerial conferences, etc
  - UNIGE: Certificate of advanced studies in health, discrimination and human rights, Summer School on Global Health and Human Rights, Global International Studies in Health
  - UNIL-HES: Modules on ageing and health for Master nursing students

### **Organisator/Programme Manager for UN and International events** Total funds managed - 3 million \$ 1997 - 2005

- Administrator and manager of several international events and conferences with the United Nations, with the Canton of Geneva, and/or with the Swiss authorities, total ~ 3 million \$ funding
- **Major events organised for the Geneva International Network on Ageing, Geneva State and WHO**  
programme with 40 local events and a yearly 2 days event with WHO and the UN  
*Budget WHO-State of Geneva collaboration with over 1'000'000.- CHF in 3 years*
  - Co-organisator, International Day of Older Persons at the United Nations, WHO or ILO yearly since 1996
  - **United Nations Open Day in 1999 and in 2001**  
*Number of participants: 4'000 and 12'000; Budget > 1'000'000.- CHF*
  - Co-coordination of the **UN Summit of Religious and Spiritual Leaders, United Nations 2000 and WEF 2001**
  - **International Symposium for Volunteers** (with United Nations)  
*Number of participants: 300 national representatives, Budget of 600'000.- CHF*
  - **International Conference on Sport and Development**, Magglingen (*Adolf Ogi and Walter Fust*)  
*Number of experts and sportswomen/men participating: 400, Budget 600'000.- CHF*



- **UN World Summit for Information Society, ICT4D Platform**, Palexpo, Geneva (Swiss Government)  
*Number of participants: more than 10'000 from 175 countries Budget > 1'000'000.- CHF*
- **Research Forum , United Nations European Ministerial Conference on Ageing in Spain**  
*for UNECE and the Spanish Government – co-editor of the UN publication with Proceedings*

## **AWARDS & HONOURS**

Honorary Professor, Institute of Bioregulation & Gerontology, Russian Academy of Medical Sciences	2014
Honorary Member of the Swiss Society of Gerontology and Geriatrics (President 2000-2002)	2013
Honorary member, Prevention Alzheimer International Foundation	2012
Award nomination in the "100 Swiss Personalities"	2009
United Nations Award by the Secretary-General Kofi Annan for outstanding achievement	1999

## **HONOURS & OUTSTANDING STATEMENTS**

### United Nations: World Health Organisation

Dr Margaret Chan, WHO Director-General 2006-2017  
 Dr Lee Jong-wook, WHO Director-General 2003-2006  
 Dr Isabel Nuttall, WHO Director, Global Capacities, Alert and Response, WHO Geneva  
 Dr Caroline Brown, WHO Programme Manager for influenza and other respiratory pathogens, Department of communicable diseases, health security and environment for the European Region, Copenhagen  
 Dr Eugenio Montesimos-Villar, Head of the Department of Social Determinants and Environment

### World Bank

Sir James Wolfensohn ,World Bank President 1995 - 2005

### Governments:

His Excellency Maître Abdoulaye Wade, President of Senegal 2000 - 2012  
 Spanish Minister of Labour and Social Affairs during the UN Ministerial Conference on Ageing, Spain in 2008  
 Dr Said Hajem, Head of Aging Unit, National Institute of Public Health, Ministry of Health, Tunis, Tunisia

### Switzerland:

Adolf Ogi, President of Switzerland (1993-2000), Special Adviser to the United Nations Secretary-General 2001 - 2008  
 Walter Fust, Director, Swiss Agency for Development and Cooperation  
 Guy-Olivier Segond, President of the Geneva State Council, head of the Ministry of Health and Social Affairs  
 Bernard Gruson, Director of the Geneva University Hospital, Geneva

## **6 EXPERT-RELATED POSITIONS**

### European Union

**Since 1999**

Expert advisor for EUGenMed Project on sex and gender in public health and prevention  
 Expert evaluator for Horizon 2020 priority issue "Demography, Well-Being and Health"  
 Expert evaluator for EU AAL: Ambient Assisted Living Programme on Technology and Ageing for Wellbeing  
 Swiss National Science Foundation: expert evaluator (international projects ageing or health issues)

### United Nations Agencies since 1995

Expert consultation for the Special Rapporteur on the Right to Health on physical and mental activity, United Nations  
 Expert member and evaluator, Human Rights Education World Program, Office High Commissioner for Human Rights  
 Expert, evaluator and instructional designer WHO, UNEP, ILO, UNECE (Economic Commission for Europe)  
 WHO: expert for several units and topics: Ageing, Gender, Ethics, Social Determinants of Health, Health in All Policies, INNOV8, Mental Health. <Health Systems, International Health Regulation training, and Instructional Designer

### Editing – reviewing

Editorial Board: Journal 'Gerontologie' (France), Swiss Journal of Sociology, Italian Journal of Medicine, European Journal of Ageing, the International Journal of Public Health (SPM)  
 Ad hoc reviewer: e.g. Health Canada , UNECE, Swiss Health Promotion, Swiss Red Cross, Private clinics, European Research projects.

## PART II

### 7 TALKS (last 6 years)

### 8 PUBLICATIONS

#### 7 CONFERENCES, INVITED SPEAKER, SCIENTIFIC PRESENTATIONS

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##### 2017

- 4.5. « EMS 2040 » conférencière invitée pour workshop de l'AVDEMS avec directeurs d'institutions, Renens VD
- 23.3. Conférencière invitée, Vieillir 2.0 ou vieillir autrement grâce à la technologie, Représentations de la vieillesse au XXIème siècle : existe-t-il une psychiatrie anti-âge ?, Cours romand de formation continue en psychiatrie et psychothérapie de la personne âgée, Prangins
- 6.3. Experte, 5<sup>ème</sup> Journée annuelle de la politique extérieure suisse en matière de santé, Dpt fédéral des Affaires étrangères, Berne
- 2-3.2. Conférencière invitée Congrès interrégional et transfrontalier de Gériatrie, Lille, France et Comité scientifique du 1er événement "AgeingFit", Innovation et Vieillesse en Europe Lille, France
- 23-26.10. Invited keynote speaker Plenary Symposium on "the Global Burden of Disease", IAPB Global Conference on Vision 2020, Durban, South Africa

##### 2016

- 8.12. Invited by Swiss Embassy in Paris to talk and be the sponsor of the 1<sup>st</sup> Innovation Award for the Silver Economy projects.
- 23-26.10. Invited keynote speaker for the Plenary Symposium on "the Global Burden of Disease", IAPB Global Conference on Vision 2020, Durban, South Africa
- 30.9.. Co-organiser and sponsor of event "Taking a Stand Against Ageism, International Day of Older Persons, World Health Organisation, Geneva.
- 26-28.9. Invited Panelist "AAL, Ageing Society and the Economy in 2030: Merging technical Development and an Ageing Workforce", thematic Area 5, AAL Forum, St Gallen
- 17-19.8. Invited Keynote Speaker "Transgenerational Mental Health and Old Age: New Approaches and Implications" Annual Congress on "Transgenerational Mental Health", Swiss Society of Psychiatry, Basel, Switzerland
- 14.6. Invited speaker to talk about the United Nations perspective on the Rights of Older Persons as a necessity for Wellbeing: "Do we need specific Rights for Older Persons? Is it a requirement for wellbeing?" Careum, Care Agency, Olten
- 27-29.5. Invited speaker "Anti-Aging Therapies Overview", Session on Anti-Aging Medicine, Congress on Complementary Therapies and Innovative Practices, Nancy, France
- 19.4. Invited keynote speaker « How to Age Well with Dementia?...or Can we Prevent it? » / "Comment bien vieillir avec une démence...ou la prévenir?", Public conference for the Association Alzheimer Geneva.
- 14.4. Invited public panellist to debate "Anti-Ageing Medicine: Toward Eternal Life?" (Médecine anti-âge\_: vers la vie éternelle ? , Mit Anti-Aging-Medizin zum ewigen Leben?, Café Philosophique, Fribourg.
- 1-2.4. Invited speaker "the science of anti-ageing medicine: innovations and paradoxes », 14th Aesthetic and Anti-Aging Medicine World Congress (AMWC), Monaco.
- 10.3. Invited Speaker: "Performant to the end of Life", Sanasport and Rotary Club, Lausanne
- 28-29.1. Invited speaker and co-organizer of 2 sessions, Swiss Congress of Gerontology and Geriatrics, Fribourg 1) Innovation et vieillissement 2) Technology-assisted diagnosis and therapeutically monitoring in old-age psychiatry

##### 2015

- 15-16-12- Invited expert, OECD workshop "Global Action to Drive Innovation in Alzheimer's Disease and other Dementias: Connecting Research, Regulation and Access", Lausanne Beau-Rivage.
- 3.12. Invited Speaker "Technological Innovations and medical opportunities: challenges and opportunities for the health system of older persons" Issues around aging in Switzerland: PublicHealth Approach – Swiss Intercantonal Congress, HES, Lausanne.
- 30.11. Invited expert and speaker to give the perspective of aging on « Sport and Healthy Lifestyles », Expert consultation on sport and healthy lifestyles as contributing factors to the right of everyone to the enjoyment of the highest attainable standard of physical and mental health, United Nations High Commission for Human Rights, Geneva.
- 16-17.11. Invited Speaker and Panellist, Food Matters, London, UK
- 24.10. Invited Keynote speaker „Anti-Ageing Medizin: TA-Swiss Studie“ Schweizerischer Verband Medizinischer Praxis Assistentinnen, jährlichen MPA-Kongresses, Davos
- 24.9. Invited expert for the EU AAL Research Award nomination, Ghent
- 18-19.9. Invited professor, Master of Geriatric Medicine in San Marino for the University of Ferrara
- 14-18.9. Invited, Expert meeting on social determinants of health, FIOCRUZ National Institute of Public Health, Rio, Brazil

- 11 - 12.9. Invited Keynote on « Anti-Ageing Medicine », 51ème Congrès de la Société Suisse de Chirurgie Plastique, Reconstructive et Esthétique, Kultur- und Kongresszentrum, Thun
- 7-14.8. Invitée de la semaine : conférence journalière sur la médecine anti-âge et métabolique, programme santé et diététique du Centre Louison Bobet, Hôtel Sofitel, Quiberon, France.
- 8-9.5. Invited keynote at Closing ceremony "Développement de nouvelles solutions technologiques dans le domaine de la Gériatrie", Congrès International Francophone de Gériatrie et Gériatrie, Hammamet, Tunisie (Comité scientifique)
- 7.5. Invited keynote speaker for the closing conference: "Représentation de Soi – Images du Bonheur", Congrès GRAAP Fondation Groupe d'Accueil et d'Action Psychiatrique, Lausanne
- 23-26.4. Invited keynote and secretary-general of IAGG-ER European Congress of Gerontology and Geriatrics, Dublin, Ireland "Ageing prisoners, social determinants of health and health care in Switzerland"
- 14.4. Invitée pour un débat sur « Médecine anti-âge ou Mieux Vieillir » avec le Prof. Proust, Hotel La Réserve\*\*\*\*, Genève
- 28.3. Conférencière invitée pour la conférence introductive d'un séminaire de 2 jours « Innovation et vieillissement : prévention et intervention », Cité Senior, Ville de Genève.
- 24-26.3. Selected international expert trainer, WHO Train the Trainer workshop « Health in All Policies Trainer's Meeting », Geneva.
- 19.2. Conférencière invitée, « Médecine anti-âge » invitation du Pr Hans Stalder, Président de la Commission Santé, UNI3, Genève.
- 2-3.2. Invited expert in EU Workshop EUGenMed on "Sex and Gender in Public Health and Prevention", Maastricht University, Dpt of Health, Ethics and Society, Maastricht, The Netherlands. (with Pr Elisabeth Zemp Stutz, University of Basel)
- 27.1. Invited expert for the Consultation Day with the Swiss Delegation on Gender Equality in view of the 59<sup>th</sup> UN Commission on the Status of Women on Beijing +20, Bern. [Chief of the Swiss Delegation; Sylvie Dürer]

## 2014

- 9.12. Invited speaker, « Anti-Ageing Medicine », organisé par la Commission Projet Santé, Commune de Sierre (VS).
- 20.11. Invited speaker, « EU Research Health Evaluator Experience », HUG, Euresearch Head Office, University of Geneva.
- 5.11. Conférencière publique invitée par la Fondation AETAS « Ageing Well : Is it Possible ? How ? », UNI-Dufour pour le public
- 28.10. Invited speaker « Between Ethics in Social Determinants of Health Research and Social Determinants of Health in Research Ethics », Johannesburg Health District Research Conference on "Health and its Social Determinants: a Local and Global Perspectives", WITS University Public Health School, Johannesburg, Republic of South Africa.
- 4.10. Conférencière invitée, « Bien vieillir : garder son système bio-psycho-social au top » et « anti-âge : une révolution de la médecine personnalisée », Salon Plus pour seniors, Expo Beaulieu, Lausanne
- 1.10. Invited panelist: "Leave No One Behind: Promoting a Society for All : Realizing the Rights and Wellbeing of Older Persons" in celebration of the UN International Day of Older Persons, United Nations, Geneva.
- 2.9. Invited panelist "Bien Vieillir", Maison de quartier de Chailly (VD). Event for a small low-income community.
- 21-22.8. Invited keynote speaker at closing session « Santé mentale publique et Bonheur: Bénéfices et défis pour la société et l'économie », Swiss Public Health Conference « Public Mental Health » (21-22.8.), Olten.
- 22.8. Invited speaker « EU Research Health evaluator experience in H2020 », Euresearch Head Office, Bern.
- 7-14.7. Conférencière invitée de la semaine pour conférence journalière sur la médecine anti-âge et métabolique, programme santé et diététique en l'honneur des 50 ans du Centre Louison Bobet, Hôtel Sofitel, Quiberon, France.
- 28.6. Abstract for symposium organization and intervention: Symposium on Social Determinants of Health (SDH) and Ethics at the 12th World Conference on Bioethics, Mexico City, Mexico. Presentation of the European research on SDH-Net.
- 27.5. Intervenante invitée « Impact du Vieillissement sur les Générations : des Constats aux Conséquences », Conseil d'administration des Rentes Genevoises, Genève.
- 22.5. Invitée du débat sur « Quelle place pour les personnes âgées dans la Suisse de 2050 ? » avec Laurent Extermann suite à la présentation de la pièce de théâtre « La Boite à Biscuit » de Giancarlo Copetti, Centre culturel de la Jonction, Genève.
- 16.5. Invited by politicians for closed discussion "Vieillesse de la population : Nouvelles évidences, nouveaux défis et solutions politiques", Journée au vert à Leysin du Département de la Cohésion sociale et de la solidarité, Ville de Genève (Mme Adler).
- 14.5. 10e Congrès international francophone de gériatrie et gériatrie, Liège, Belgique :  
- Conférencière "Personne âgée invisible", session Droits de l'Homme des personnes avancées en âge,  
- Elaboration d'une Déclaration de Liège sur les droits des personnes âgées avec un groupe de gériatres.
- 9.5. Invited keynote speaker "La Longevità: Una Fida Per Il Nostro Secolo – dalla genetica. La biologia molecolare, la medicina, l'economia alla dieta mediterranea e i suoi nutraceutici" Special Day Event seminar on Longevity : a challenge to our Century. Organized by the Italian Society of Medicine, COSMOFARMA Exhibition, Bologna (Italy).
- 30.4. Expert invitee, "Future Ageing: Téléassistance et Société vieillissante", PACITA Scenario Workshop, Technological Assessment Switzerland Bern.
- 1-3.4. Invited panelist « Right to Health and Older Persons », United Nations Social Forum of the OHCHR, United Nations Geneva and moderator of the side event panel "Intergenerational Youth-Older persons".
- 31.1. Conférencière invitée « Longévité au XXIe siècle: Modèles de vieillissement et de transition », Congrès de la Société Suisse de Gériatrie, Université Miséricorde, Fribourg.
- 23.1. Invited experte, European Commission Final Conference "Addressing Health Inequalities 2014 and Beyond", European Commission, Brussels.



## 2013

- 3-5.12. Invited speaker and Rapporteur for Health at the International Conference on Human Rights Education and Training for Civil and Public Service, organized by the United Nations and Irish Commission for Human Rights, Dublin, Ireland.
- 3.12. Presentation of the new educational tool "Guidelines on Human Rights Education for Health Workers" for the OSCE-ODIHR (Office for Security and Cooperation in Europe), Dublin, Ireland. <http://www.osce.org/odihr/105053?download=true>
- 26.11. Invited keynote speaker "Nutrigenomic: its beneficiaries", BioAlps Conference and Networking Day on Nutrition and Health.
- 21.11. Invited Speaker « Can we treat, regenerate and repair everything in homes for the elderly : Can we ? Should we? », 5th Symposium of the Medical doctors for Elderly Homes «Iron Man in Homes for The Elderly », Signal de Bougy.
- 19.11. Conférencière invitée au Lions Club « Capital Longévité et Médecine Anti-Âge », Restaurant des Eaux-Vives, Genève
- 17-18.10. Invited keynote speaker "The SDH and the impact of anti-aging medicine", Conference on "The Importance of Social Determinants for Health Equity achieving the MDGs and post-2015" for the National Development Plan 2013-2018 in Mexico. Organised by the National Academy of medicine of Mexico, Dpt of Public Health and Medical Sociology, Permanent Committee for the study of the social determinants of health, Mexico.
- 11.10. Invited special Guest at Women in Science, organized by UNIL, Fairmont Le Montreux Palace.
- 1.10. Invited chair and respondent of the International Day of Older Persons with the WHO Ageing and Life Course Unit on "Global Healthy Longevity: a Priority for the Future: Determinants, Challenges and Solutions", WHO HQ: Geneva.
- 28.6. Invited speaker, Ethical Issues of Aging and Anti-Ageing, 8th Active Aging Conference in Asia Pacific, Busan, Korea
- 24-27.6. IAGG World Congress of Gerontology and Geriatrics, Seoul, Korea (Invited speaker )  
3 abstracts  
 24.6.: Anti-Ageing Medicine: a new Public health Paradigm or a Fashion Trend?  
 25.6.: Evidence-based Anti-Aging Medicine: new alliance between research, practice, the industry and the client?  
 26.6.: Global Policy on Aging and the Human Rights of Older Persons
- 23.6. Invited keynote speaker, Meaning of Social Contribution In Later Life in the EU, Intl Symposium on the Korean Gerontological Society, Seoul, Korea
- 3-5.5.14 Invited keynote speaker "Anti-Ageing Medicine", Genève Esthétique, 6ème Salon de la Beauté, du Bien-être et de l'Esthétique, Hôtel Ramada, Geneva.
- 1-3.5. Invited keynote speaker « Future of Medicine of Old Age : from Tradition to Biotechnology Medicine », International Congress of Gerontology and Geriatrics, Hammamet, Tunisie
- 23.4. Invited keynote speaker on « *Anti-ageing drugs – Redningen for fremtidens eldre?* » (Anti-Ageing Medicine : a way to save the future old? », Norwegian National Congress (22-23.4.), Oslo. [article de 4 page le journal national]
- 17.4. Invited speaker « Peak Performance to the End of Life », Conference Cycle on « Physical Activity : Mobility: What Advantages ? » Cité-Seniors, City Center for Active Older Persons, Geneva.
- 13.3. Invited guest speaker to TED Talks (TEDx) as keynote speaker with private communication training and video performance « The Secret Grail of Longevity » organized by the Ecole Hôtelière de Lausanne <http://www.youtube.com/watch?v=TGZ6OJmI9sU>
- 14.2. Invited expert for the Consultation Day with the Swiss Delegation on Gender Equality in view of the 57th UN Commission on the Status of Women on Violence against Women, of March 2013 at the United Nations New York. [Chief of the Swiss Delegation; Sylvie Dürer]

## 2012

- 23.11. Invited lecturer, Preparation to retirement course for the Federal State Department Employees (APC) « Restons en Bonne Santé! »
- 14-18.11. Poster presentation: Handtke V, Bretschneider W, Stuckelberger A, Page J, Ritter C, Wangmo T, Elger BS. Aging behind Bars: The Medication of Older Prisoners in Switzerland. 65th Annual Scientific Meeting of the Gerontological Society of America, San Diego, USA. November 2012.
- 9.11. Invited speaker as "Expert evaluator" of the Swiss plan on the Promotion of Mental Health in the Older Persons in Switzerland », Swiss Health Promotion Agency, Bern.
- 14.10. Invited to lecture for the Webinar "Life Stages 2012" : "Food and Ageing : Exploring Nutrition and Longevity" with Vitafood International.
- 1.10. Invited panelist "A plea for the active participation of older persons in development and globalization", United Nations Social Forum on the occasion of the International Day of Older Persons – Ceremony organised with GINA.
- 18-19.9. Invited panellist, Scientific Forum, UNECE Ministerial Conference, Review of the Madrid International Plan of Action 10+, United Nations, Vienna.
- 6.9. Invited keynote speaker « EU FP Health evaluator experience », Swiss Information Seminar on FP7 'Health Research, Euresearch, Bern.
- 29.8. Invited speaker "Policy on ageing and the human rights of older persons", Symposium on the State of Ageing Research and Innovation in the European Region, IAGG-ER Congress of the Clinical Medicine Section, Geriatric Medicine: Strengthening Interdisciplinary Involvement, 29-31 August, Prague, Czech Republic.
- 2.7. Invited Panellist "Reproductive Health and Rights: Exploring Gaps and New Paths - Interactive Dialogue ", 20th session of the Human Rights Council, Room XIV, United Nations (panel report available).
- 29.6. Invited Lecturer: "The future of Anti-Ageing medicine and Geriatric medicine - competing or cooperating?", How to Provide Geriatric Care, 9th European Academy for Medicine of Ageing advanced postgraduate course in geriatrics (EAMA), Network Meeting and Training Session Programme, 25 – 29 June, Martigny, Switzerland
- 22.6. Invited Roundtable Panelist, « Inter- et Transdisciplinary Research in Switzerland : Examples of Good Practice », Swiss Conference on Inter- and Transdisciplinarity, TD-Net, Swiss Academy of Sciences., IUKB, Sion, VS.
- 21.6. Invited Panelist, World Elder Abuse Awareness Day (WEAAD), United Nations, Geneva
- 8.5. Invited keynote speaker «What Anti-Age Capital? », Forum Pictet for Women, Pictet Bank & Cie, Geneva

- 4.4. Invited panellist, World Health Day "Good Health adds Life to Years" with Dr Margaret Chan and Pr Klaus Schwab, World Health Organization, Geneva.
- 20.3. Invited keynote speaker « EU FP Health evaluator experience », Information Seminar "Health Info Event", Euresearch Office, Bern and Geneva.
- 15.3. Invited panellist « Geneva University and International experience in Human Rights Education in Practice », NGO Panel on Human Rights Education in Practice in Formal Settings, organized in parallel with the 19th Session of the UN Human Rights Council (29 February - 23 March 2012), United Nations, Geneva.
- 22.5. Invited speaker, Evidence-based anti-ageing medicine: myths and chances, Session 3 – Market for aging customers, Vitafood International, Palexpo, Geneva [followed by web media interview].
- 26.2.-3.3. Invited speaker at the UN Commission on the Status of Women CSW56, United Nations New York
- 29.2. Panelist, Rural Older Women & the Right to Health, NGO Forum,
- 27.2. Facilitator, Conversation Circles on Health and Women's Right, Church Center, UN Plaza, New York,
- 26.2. Panelist in plenary, "Advocacy Training on Human Rights for Women", NGO Consultation Day

## 2011

- 6.12. Invited speaker: "Ageing in 20 Years....The Future of Longevity : its Social, Economic and Ethical Implications », City of Bienne Conference for the 3rd Age and the Seeland Association , Biel/Bienne
- 26.11. Invited speaker: « Anti-Ageing Medicine : State of the Art and Future Evolution », 23rd Entretiens de Beaulieu on the theme 'Anti-Ageing Medicine : Not Good or a Necessity?'organised by the Clinic of Beaulieu, Hôtel du Rhône.
- 8-10-11. Invited as
  - 1) Keynote Lecturer: "Ethics, Equality and Stigma - a Global Perspective: illustrated by the case of Old Age"
  - 2) Educational Workshop Teacher: Strengthening or Establishing Bioethics Committees (sharing the experience of WHO Ethics and EU research committees) on the occasion of the Annual Forum of the Bioethics Society for the English Speaking Caribbean (BSEC), Ross Medical University (American University), Dominica [publication]
- 24.10. Invited keynote speaker « Liens de la Société suisse de gérontologie avec l'Association Internationale de Gérontologie et Gériatrie et le monde international », Assemblée générale, Société Suisse de Gérontologie.
- 3.10. Invited speaker « For a Human Right-based Approach », Panel organised on the Occasion of the Intl Day of Older Persons with GINA on "Active Ageing and health in 2012: Where are We and Where are We Going Ten Years after The World Assembly on Ageing? »
- 29.9. Invited expert and Speaker EU Conference "Human Rights of Older Persons in the United Nations: State of the Art, Process and Challenges" 5th Warsaw Seminar on Human Rights, Warsaw, Poland – organised by the Presidency of the European Union
- 26.9. Invited speaker: « Women, Life course and Human Rights», panel on older women during the 18<sup>th</sup> session of the Human Rights Council at the United Nations, Geneva
- 21.6. Invited speaker: "Development Education: Changing the Paradigm", NGO Center, United Nations, Geneva
- 17.5. Invited speaker for EGE private Hearing: "The ethical challenges to be addressed for a proper regulation of ICT", 45th Meeting of the European Group on Ethics in Science and New Technologies, European Commission, Bruxelles.
- 13.5. Invited panellist at the Roundtable, UN International Day of the Families "A Paradigm for Global Family in a Culture of Peace" Marking the UN International Day of Families
- 13-17.4. Invited speaker and secretary-general of the European Congress of Gerontology, Bologna (Italy) – with IAGG-ER
  - 3 abstracts submitted and presented in a plenary
  - 15.4. Symposium on Fraud and Evidence in Anti-Ageing Medicine (co-organisator and speaker) – Biological, Clinical, Sociological and Ethical point of views followed by a debate
  - 16.4. Age Discrimination as a factor of social exclusion, Session on Conceptualising Social Exclusion of Ageing Adults
  - 17.4. Hot Topic Symposium on The Invisible Older" Human Rights and Freedom for Older Citizens : Launch of an IAGG-ER Initiative
- 23-26.3. Invited speaker: « Anti-Ageing – Getting Old Today : At What Cost? », Conference and Roundtable, L'Automne de la Vie, Enjeux éthiques du vieillissement, 4th International Day of Ethics, Strasbourg, France
- 1-5.2. Invited speaker to a Roundtable « Ageing and End-of-Life » European Forum of Bioethics, Council of Europe, Strasbourg, France.

## 2010

- 5-6.10. Invited expert and Speaker: ""Why the Life-Course Approach to Gender Empowerment is Important?", Colloquium on promoting the empowerment of women in Arab countries, Tunis, organized by the United Nations Office of the Special Adviser on Gender Issues (OSAGI) and the Doha International Institute for Family Studies.
- 15-17.9. Invited speaker: "How Swiss National Research Programmes bridge research and implementation", Beat Butz, Swiss National Science Foundation and Astrid Stuckelberger, td-net, td-conference 2010, Swiss Academy of Science, Implementation in Inter- and Transdisciplinary Research, Practice and Teaching, Uni Bastions, Geneva.
- 30.9.-1.10. Invited speaker: "Women's Health and Reproductive Rights", Civil Society Development Forum 2010, Women's Human Rights and Development: Inclusion, Participation, and Equality, International Labour Organization, United Nations, Geneva.
- 1.10. Invited panellist: "Long Life Development for Older Persons How are we advancing with UN Global Strategies ?", The 20th Annual Celebration of the UN International Day of Older Persons, Palais des Nations, United Nations, Geneva

## 8 LIST OF PUBLICATIONS

### NUMBER OF PUBLICATIONS ACCORDING TO GIVEN CATEGORIES

High Level International Publications = 93			Books or Chapters in Book		Original Articles
I. UN & EU Official Publications	II. United Nations & EU expert reports	III. Government Reports/ Mandates	IV. Books	V. Chapters in Book	VI. Original Articles (Impact factor with peer- reviewed)
41	25	27	10 + 3 theses 1 book in press	23	47

### Total = 173 published documents

*Preliminary remark on Impact Factor (IF)* : the number of scientific review on ageing in the domain of social and preventive medicine or public health with an impact factor (IF) is relatively small or rated very low. Ageing is an interdisciplinary domain which by essence has developed contributions at many other levels to serve best policy, public health and training such as books, documents for government agencies or policy documents which is reflected by the list of reference below. UN official publications or expert reports are not listed in most of the calculations of Impact Factor analysis either. Other indicators exist in social science, demography, health and policy such as Harzing, A.W. (2007) *Publish or Perish*, available from <http://www.harzing.com/pop.htm>.

*Authors impact Analysis<sup>1</sup> result for Astrid Stuckelberger*: Papers: 91, Citations: 286, Years:34, Cites/year:8.41, Cites/paper:3.14/0.0/0, Cites/author:158.81, Cites/author/year:4.67, Papers/author:55.90, Authors/paper:2.23/2.0/1, h-index:8 (66%), g-index:15 (79%), hc-index:4, hl-index:3.56, hl-norm:5, hl-annual:0.15, AWCR:21.32, AW-index:4.62, AWCRpA:11.74, e-index:11.18, hm-index:5. [retrieved: 12.1..2015].

### I. UNITED NATIONS OR EU OFFICIAL PUBLICATIONS

#### UN Official Publication (author or co-author or expert)

1. WHO (2016) . INNOV8 Technical Handbook to review National health programmes in order to leave no one behind. Innov 8 Is a 8-step analytic process undertaken by a multidisciplinary team. Expert to review and reshape the document with an adult learning approach to mainstream.
2. UN OHCHR (2016). Report of the Special Rapporteur (Dainius Pūras) and invited expert and speaker on « Sport and Healthy Lifestyles », following the Expert consultation on sport and healthy lifestyles as contributing factors to the right of everyone to the enjoyment of the highest attainable standard of physical and mental health, United Nations High Commission for Human Rights, Geneva. <https://documents-dds-ny.un.org/doc/UNDOC/GEN/G16/067/39/PDF/G1606739.pdf?OpenElement>
3. UN OHCHR (2014). Report of the 2014 Social Forum (1-3 April 2014) on the Rights of Older Persons. Human Rights Council 26th session, with contributions from panelists (Stuckelberger A.: Right to Health for Older Persons). UN: Geneva
4. Expert group OSCE-UN ODIHR (2013). Guidelines on Human Rights Education for Health Workers. Office of Security and Cooperation of the European Region, Office for Democratic Institutions and Human Rights. Warsaw: Poland. Downloadable brochure <http://www.osce.org/odihr/105053?download=trueRapporteurDublin>
5. Stuckelberger A. (2012). Human Rights of Older Persons in the United Nations, State of the Art, Process and Challenges (pp. 16-35), Steering Committee for Human Rights (CDDH(2012)005), Council of Europe, Strasbourg (France).
6. HUMAN RIGHTS OF OLDER PERSONS IN THE UNITED NATIONS, STATE OF THE ART, PROCESS AND CHALLENGES
7. Stuckelberger A. (2011). Long Life Development for Older Persons : How are we advancing with UN Global Strategies, AAFI Bulletin, no 1. United Nations Geneva. (AAFI = Associations des Anciens Fonctionnaires Internationaux) [article in English and French]
8. Stuckelberger A. (2010). Why the Life Course Approach to Gender Empowerment is Important? In UNOSAGI and Qatar Foundation (Eds), Promoting Empowerment of Women in Arab countries (pp.40-58). United Nations Office of Special Adviser on Gender Issues (UNOSAGI): New York.
9. Stuckelberger A and Jett J. (2010). Report on Non-communicable Disease Recommendations. NGO Forum on Public Health Report to the High-Level Segment of ECOSOC on Public Health. Geneva: United Nations.
10. Stuckelberger A. (January 2010). Droits de l'homme et éthique aux Nations Unies: les droits des personnes âgées, AAFI-FAFICS Bulletin, no 1. United Nations Geneva. [article en français et en anglais]
11. Stuckelberger A. (2008). Ageing: Human Rights and Ethics at the United Nations, in Civil Society Forum on ageing, publication of the Ministry of Family and Social Affairs IMSERSO: Spain.
12. WHO – GIAN (2008). Final report of The Research Ethics Training Project: developing, implementing and evaluating a training module on ethics in public health research, joint project with WHO and Harvard University and Geneva University (Geneva International Academic Network (GIAN) funded

<sup>1</sup> The Author impact analysis objective is to perform an analysis of the impact of an author's publications. This page contains the minimum parameters that are necessary to look up an author's publications on Google Scholar. Publish or Perish uses these parameters to perform an Advanced Scholar Search query, which is then analyzed and converted to a number of statistics. Publish or Perish calculates the following citation metrics: Total number of papers, Total number of citations, Average number of citations per paper, Average number of citations per author, Average number of papers per author, Hirsch's h-index and related parameters, shown as h-index and Hirsch a=y.yy, m=z.zz in the output. Three variations of the individual h-index, shown as hI-index and hI,norm, hm-index in the output, The age-weighted citation rate, An analysis of the number of authors per paper. - See website for more details: <http://www.harzing.com/pop.htm>



project. Report coordinated by A. Saxena (WHO) and A. Stuckelberger (University of Geneva) <http://www.ruig-gian.org/research/projects/project.php?ID=146>

13. Stuckelberger A. (2008). Human Rights and Ethics at the United Nations, Civil Society Forum on Ageing (pp. 175-181). United Nations and Ministry of Education, Social Policy and Sports, Secretary of State for Social Services, Family and Disabled People (IMSERSO), Government of Spain Publication.
14. Stuckelberger A., Diaz Carmen, Sidorenko Sasha, Zahid E., Troisi Joseph and Botev Nikolai (2007). Main conclusions and recommendations of the Research Forum on Ageing, UNECE Ministerial Conference, 8 November 2007, Leon, Spain.
15. Stuckelberger A. (June 2007). Missing Voices: Abuse of Older Persons in the World", *United Nations Special*, no 663: .26-29. United Nations: Geneva [French and English]
16. Stuckelberger Astrid (2006). Improving the Quality of Life for Older Persons: Advancing UN Global Strategies : the European Perspective. Proceedings of Conference for the Department of Public Information United Nations New York.
17. Stuckelberger Astrid (2006). Exercising rights against discrimination, Report of the Technical meeting to follow up on the international plan of action on ageing in Madrid (MIIPA) "Older persons faced with loneliness and insufficient economic resources", Segovia, 15-16 November 2006.
18. Stuckelberger A. (2005). Water, Public Health and Right to Development. In Jeannine de Boccard and Corinne Wacker (Eds.). *Water: Key to Development* (pp. 25-38). Conference of NGOs to the UN: Geneva. [invited to publish in the *Journal of Humanitarian Medicine* in 2008]
19. Stuckelberger A (2005). Public Health Assessment Report 2004-2005: analysing the consequence of the 2<sup>nd</sup> Gulf War on Kuwait and the United Kingdom of Saudi Arabia. UN Compensation Commission, Post-Conflict Unit, United Nations Environment Programme (UNEP) office Geneva. [confidential report]
20. Gold, D., Caborn J., Murthy P., Stuckelberger A. et al. (2005). Minimizing Stress. Education material for Module on Management and Leadership Development Programme. Publication: International Labour Office. United Nations, Geneva.
21. GINA (2002). The Future of Pensions and Retirement: 10 Key Questions - International and European Perspective. [French version: La retraite en 10 questions : perspectives européennes et internationales sur la retraite.]
22. FNUAP, SSG, IFPD, AIESEC (2000) [co-editor]. Dynamics of Generations in Social Development. Booklet and CD-Rom, following the World Summit on Social Development, Geneva 2000 Forum 27-28 June. Geneva.
23. Stuckelberger A. (septembre 1999). Mutations des liens entre générations. *United Nations Special*, United Nations Geneva.
24. Kalache A and Stuckelberger A. (January 1999). Population ageing: Geneva International Network on Ageing, *United Nations Special*, United Nations Geneva.
25. United Nations (1999) [Editor]. Human Rights and Older Persons. Booklet published with the United Nations Geneva.

#### **EU Official Publication (author or co-author)**

26. Stuckelberger A. (2012). Human Rights of Older persons in the United Nations: State of the Art, Process and Challenges. Council of Europe Publication. Strasbourg..
27. Stuckelberger A. et Wanner Ph. (2005). European Family Care – EUROFAMCARE, National Background Report for Switzerland, European Commission: Bruxelles. <http://www.uke.uni-hamburg.de/extern/eurofamcare/>
28. Stuckelberger A. (2002). Review of European and International Mental Health Policies. Report for the Swiss National Health Policy, OFAS, Bern.
29. Stuckelberger A. (2002). Health Promotion for Older People in the European Union: From Proven Strategies to Guidelines for Policy Makers, Report on Health and Care Management for Older People (p. 11-16). ERA European Forum on Population Ageing Research: WHO and European Commission Project.
30. Walter R., Cattani M., Speller V. and Stuckelberger A. (1999). Proven Strategies to improve Older People's Health. A Eurolink Age Report. European Commission: Bruxelles
31. Walter R., Cattani M., Speller V. and Stuckelberger A. (1999). Stratégies éprouvées pour l'amélioration de la santé des personnes âgées. A Eurolink Age Report. European Commission: Bruxelles.
32. Walter R., Cattani M., Speller V. and Stuckelberger A. (1999). Wissenschaftlich fundierte Strategien zur Förderung der Gesundheit älterer Menschen. Ein Bericht von EurolinkAge für die Europäische Kommission: Bruxelles.
33. Walter R., Cattani M., Speller V. and Stuckelberger A. (1999). Estrategias probadas para mejorar la salud de las personas mayores. Un informe de Eurolink Age para la Comisión Europea: Bruxelles.
34. UNHCR and GINA (1999) [Editor and writer]. Older Refugees. Selection of texts including older persons and extract of UNHCR photo exhibition. Booklet produced with the Republic and Canton of Geneva.
35. Stuckelberger A. (1997). Men and women age differently, *World Health*: 4:8-9. WHO: Geneva.
36. World Health Organization (1999) [author]. Guidelines for Organizing Walk Events for Active Ageing. WHO: Geneva.

#### **UN Official Statements (author)**

37. Stuckelberger A. (2009) author of an official Statement on the Rights of older women for the 10<sup>th</sup> Human Rights Council: "Urgent Call to Protect Older Women and their Human Rights" under item 3 'Promotion and protection of all human rights, civil, political, economic, social and cultural rights, including the right to development' (in English-French and Spanish)
38. Stuckelberger Astrid et al. (2006). Official written Statement on Ageing and the Rights of Older Persons. 62<sup>nd</sup> Session of the Commission on Human Rights, United Nations, Geneva – supported by 24 NGOs accredited to the UN.
39. Stuckelberger Astrid et al. (2005). Statement on Ageing and the Rights of Older Persons. 61<sup>st</sup> Session of the Commission on Human Rights, United Nations, Geneva, 13 April 2005 – supported by 20 NGOs.
40. Stuckelberger Astrid (2004). Statement on International Migration and Ageing. UNECE Population Forum, UN Geneva.

41. NGO Forum on Ageing (2002). Final Declaration and Recommendations on the Rights and Development of Older Persons, UN Assembly on Ageing, Madrid, Spain.

## II. UNITED NATIONS OR EU EXPERT REPORTS

### *Expert Panel or Rapporteur*

1. Stuckelberger A. (March 2014). Rapporteur/Evaluator for European Commission Research Executive Agency, Horizon 2020 Call.
2. Stuckelberger A. (June 2013). [Rapporteur] AAL6: Assisted Ambient Living Programme, Call 6: focus on "ICT based Solutions for Supporting Occupation in Life of Older Adults". European Union [Rapporteurs Meeting in Bruxelles.]
3. Stuckelberger A. (2012). Case scenarios expert evaluation report, Value Ageing: Incorporating European fundamental values into ICT for ageing: a vital political, ethical, technological, and industrial challenge. Marie Curie Industry Academia Partnerships and Pathways (IAPP) Action, EU FP7 project.
4. Stuckelberger A., Chang N.H. and Chastonay Ph (2012). Mapping of Social Determinants in the National Research System: for Switzerland. SDH-Net EU project report.
5. Stuckelberger A (2011). Evaluator and Rapporteur, Quadriennal Report on 2 Quadriennal programmes (Food for Life and Live for Promise HIV/AIDS campaign), Evaluatory Discussion for The Ecumenical Advocacy Alliance, World Council of Churches, Geneva.
6. Stuckelberger A. (July 2012). [Rapporteur] AAL5: Assisted Ambient Living Programme, Call 5: focus on "ICT based solutions which enable and sustain older adults to continue managing their daily life activities in their home and which support informal carers in their assistance". European Union [Rapporteurs Meeting in Bruxelles.]
7. Stuckelberger A. (January/March 2012) [Rapporteur]. AAL3: Assisted Ambient Living – Technology for an ageing population mobility, autonomy and sociability. Follow up project Assessment of Projects on Ageing and ICT: Technology for active living. European Union. [Meeting in Bruxelles and in Tampere, Finland].
8. Stuckelberger A. (2011) [Rapporteur]. Bridging Research in Ageing and ICT Development, EU meeting FP7, Copenhagen.
9. Stuckelberger A. (2010) [Rapporteur]. AAL3: Assisted Ambient Living Programme, Call 3: focus on ICT based Solutions for Advancement of Older Person's Independence and Participation in the Self-Serve Society". European Union, Bruxelles.
10. Stuckelberger A. (2009) [Rapporteur]. AAL2: Assisted Ambient Living Programme, Call 2: focus on: "ICT based Solutions for Advancement of Social Interaction of Elderly People". European Union, Bruxelles.
11. Stuckelberger A. (2005). Evidence-based and value-based approach to the spiritual dimension, in Health, Spirituality, Religion and Social Health, 58th World Health Assembly, United Nations, Geneva, Switzerland.
12. Stuckelberger A. (2003). Access to Services and E-Health/E-Care, in Report organized in partnership with the Institute for postgraduate medical education, Czech Republic. ERA European Forum on Population Ageing Research - European Commission Project.
13. Stuckelberger A. (1999). Report on the International Year of Older Persons for the Geneva Intl Network on Ageing. Programme on Ageing, UN Division for Social Policy and Development, Department of Economic and Social Affairs, United Nations: New York.
14. UNECE (1998) [co-author]. Survey of Ageing Research Projects in Europe. Research review conducted by the University Center for Interdisciplinary Gerontology, Geneva University.
15. WHO (1998) [Rapporteur]. Geriatric Care at the Crossroads, What kind of practitioner to be trained for the 21st Century?, WHO Ageing and Health Programme Meeting, Adelaide, Australia (19-23 August 1997).
16. WHO (1997) [Rapporteur]. Prioritizing the Ageing and Health Research Agenda, Joint report of the WHO Ageing and Health Programme (AHE) Consultative Meetings, New York (30 April - 1 May 1996) and Brasilia (4 July 1996).

### *Panel Report (author and/or contributor)*

17. Stuckelberger A. (2014). "Older Persons and the Right to Health", Participation and contribution to the UN Report of the 2014 United Nations Social Forum – on Ageing issues, organised by the OHCHR (Geneva, 1-3 April 2014).
18. Stuckelberger A. (2013). Panel Report on "Reproductive Health and Rights: Exploring Gaps and New Paths" with UNFPA during the 20th session of the Human Rights Council, United Nations
19. Moulais R. and Stuckelberger A. (2012). "Plea for the active participation of older persons in development and globalization", Participation and contribution to the UN Report of the 2012 United Nations Human Rights Council on participatory development (Geneva, 1-3 October 2012)
20. Stuckelberger A. (2012). Human Rights in the Public Health Sector, Human Rights Education and Training Panels (NGO WG HREL). In Fuji K. & al. Human rights Education in Formal Settings in Practice. UN NGO panel report. Geneva.
21. Stuckelberger A. and Jett J. (2010). Report on Non-communicable Disease Recommendations. NGO Forum on Public Health Report to the High-Level Segment of ECOSOC on Public Health. Geneva: United Nations.
22. Stuckelberger A. (2003). Older Persons and Human Rights: Life Long Human Rights – Generation and Ageing Perspective. Report for the NGO Committee on Ageing during the Human Right Commission in April 2003. United Nations Geneva.

### *Video UN (contribution)*

23. Stuckelberger A. (2002). Report from the European Region, 2<sup>nd</sup> Global Videoconference on Ageing with country reports from around the world in celebration of the 2<sup>nd</sup> World Assembly on Ageing in Madrid. Published jointly by the NGO Committee on Ageing and the United Nations: New York. [Video available].
24. Stuckelberger A. (1999). Report from Switzerland, 1st Global videoconference on Ageing for the International Year of Older Persons. Published jointly by the NGO Committee on Ageing and United Nations: New York.
25. World Health Organization (1999) [author]. World Global Walk on Active Ageing (video in 4 languages) with the World Health Organisation and the Canton and Republic of Geneva. WHO: Geneva

### III. REPORTS FOR GOVERNMENTS OR MANDATES FOR FEDERAL AGENCIES

1. Stuckelberger A. (2015). Final report on research ethics on research on social determinants of health in LMIC with proposal of check list and guideline. In SDH-Net Consortium Final Research Report (2011-2015): "Building sustainable capacity for research for health and its social determinants in low and middle income countries (SDH-Net)" by 12 countries co-applicants. Final Research Report for the EU-FP7.
2. Stuckelberger A. (2014). Social Determinants of Health and Anti-Ageing Medicine. Contribution of selected Experts to a Position Document and Recommendations for the Mexican Government Policy on Social Determinants of Health in Mexico. Second Symposium on Social Determinants of Health for Health Equity, Sustainable Development and the Millennium Development Goals Post 2015. National Academy of Medicine of Mexico.
3. Rapport d'experts (2013) « Genève et la Dépendance à l'Horizon 2040 » pour le Canton et République de Genève [Mme RoCHAT, Conseillère d'Etat].
4. Stuckelberger A. (2012). Promotion de la santé psychique des personnes âgées en Suisse. Analyse et évaluation de l'étude VIA, Promotion suisse santé, Berne.
5. Stuckelberger A. (2012). Report and contribution to the « OSCE/ODIHR Human Rights Education Guidelines for Public Health Professionals ». Centre of Human Rights Education, University of Teacher Education Central Switzerland Lucerne (Switzerland)
6. Stuckelberger A. (2012). [Rapporteur] Panel Report on Health and Human Rights Research: Impact on Health Policy Coimbra Summer School 2011, University of Geneva.
7. Société Suisse de Gériatrie (2011). Liberté et sécurité -Directives relatives aux mesures d'entrave à la liberté (MEL). Contribution au groupe de travail. SGG-SSG. Berne.
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#### IV. BOOKS

##### *In preparation/negotiation*

Stuckelberger A. Aging, Prevention and Wellness, US publisher or e-book (in preparation)

Stuckelberger A. Science of Aging Well, Oxford University Press (in discussion)

Stuckelberger A. Small handbook for student on international research ethics case book. Based on a WHO document. Petit manuel basé sur des études de cas d'un projet de collaboration OMS-UNICEF. Editions Médecine et Hygiène. (in preparation)

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# PART III

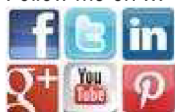
## 9 MEDIA & SOCIAL MEDIA

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### Social Media

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### SCIENTIFIC CONTRIBUTIONS THROUGH THE MEDIA (5 PAST YEARS)

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Site « Avis d'experts » Astrid Stuckelberger – 15 émissions → [http://avisdexperts.ch/experts/astrid\\_stuckelberger](http://avisdexperts.ch/experts/astrid_stuckelberger)

#### TV

Since 2008 with release of Government report of TA-Swiss on Anti-Ageing Medicine, several TV Programmes or interviews such as: Emission 36'9 sur la médecine anti-âge 2009, Mise au Point, Infrarouge, TV Suisse italienne,

- 11 octobre 2015: TV Suisse romande - Telejournal - Wikipedia, où sont les femmes? RTS <http://www.adetemp.ch/videos/view/4455/8>
- 1.3.2013: TV Swiss News – presentation of the new book “Guide des médecines anti-âge » (2012) <http://www.rts.ch/video/info/journal-12h45/4701159-l-invitee-culturelle-astrid-stuckelberger-specialiste-en-medecine-anti-age.html>
- 24.10.2013 TV Swiss Italian : « Fino all'ultima ruga » Programme on human enhancement and anti-ageing <http://la1.rsi.ch/falo/index.cfm?scheda=24016>

#### Web Media

- Webinar Nutra-Ingredients (28 October 2014). “Healthy Ageing Forum: Anti-Ageing comes of Age”, Presentation and Debate among 3 experts. <http://www.nutraingredients.com/>
- TEDx (Ted Talks x) at Ecole hôtelière de Lausanne (Switzerland): “The Secret Grail of Longevity” – March 2013 <http://youtu.be/TGZ6OJmI9sU>
- Web- radio interview on Nutrition at Vitafood Europe Palexpo – May 2012  
“Industry must tackle ageing in a “more comprehensive way”  
<http://www.nutraingredients.com/Research/Industry-must-tackle-ageing-in-more-comprehensive-way>
- Webinar Life Stages on “Food and ageing: Exploring nutrition and longevity” October 2012 (for members only) <http://www.lifestagesconference.com/The-value-developing.php?timezone=Europe/Paris>

#### Radio - Podcast

Swiss Radio: regularly invited to comment on ageing, men-women health issues, technology for citizen radio : Temps Modernes, Invité de la rédaction, CQFD, etc - <http://www.rts.ch/play/radio/recherche?query=stuckelberger>

1. 27 juin 2016 : "InterCités - La vieillesse de demain (1/5): interview d'Astrid Stuckelberger" <http://www.rts.ch/play/radio/redirect/detail/7816278> via @RadioTeleSuisse
2. 19 mai 2015 : Emission RTS « Tribu » sur le « Vive la Jeunesse : Jeûnisme et problèmes de générations » <https://www.rts.ch/la-1ere/programmes/tribu/6755934-tribu-du-19-05-2015.html>

3. 17 avril 2015 : Emission « Ligne directe » débat RTS en direct après les nouvelles 8h-8h30  
« Des quadruplés à 65 ans. La science va-t-elle trop loin ? sur la maternité tardive »  
<https://www.rts.ch/la-1ere/programmes/en-ligne-directe/6690156-en-ligne-directe-du-17-04-2015.html>
4. 26 octobre 2014 : Emission *Vacarme* – Débat interview sur une semaine Anti-âge 21-26 octobre 2014 - Discussion et synthèse de la semaine sur la médecine anti-âge avec Pr Heinz Krause <http://www.rts.ch/la-1ere/programmes/vacarme/6215798-vacarme-du-26-10-2014.html>
5. 30 mai 2014 : Emission CQFD - Semaine sur la médecine anti-âge - Pour réécouter et télécharger  
<http://www.rts.ch/audio/la-1ere/programmes/cqfd/5853582-rencontre-avec-astrid-stuckelberger-30-05-2014.html>
6. 4 juin 2013 7h20 : *Temps Modernes* mardi RTS sur le Viagra pour les femmes  
<http://www.rts.ch/la-1ere/programmes/les-temps-modernes/4936765-le-viagra-pour-femme-04-06-2013.html>
7. Mai 2013 : *Ligne directe* sur « Risque de cancer: êtes-vous favorables à la chirurgie préventive? » (lié à la mastectomie de Angelina Jolie)  
<http://www.rts.ch/la-1ere/programmes/en-ligne-directe/>
8. 27.5.- 31.5.2013 : Emission *Vacarme* à 11h sur RTS - 1<sup>ère</sup> du:  
Lundi, premier épisode "Age cathodique" - Mardi nous serons au Palais Fédéral - Mercredi aux conseils d'enfants  
Jeudi avec Labordage, revue anti-agisme - **Vendredi au salon de l'esthétique anti-âge**  
<http://www.rts.ch/la-1ere/programmes/vacarme/>
9. 19 février 2013 – 6h45 : Radio programme *Corpus* on Electronic Tatoo  
<http://www.podcast.de/episode/207885261/Le+tatouage+%25C3%25A9electronique%252C+une+surveillance+%25C3%25A0+fleur+de+peau++19.02.2013/>
10. 7 janvier 2013 7h20 : Emission « *Temps Modernes* » sur les 'polypill' :  
<http://www.rts.ch/audio/la-1ere/programmes/les-temps-modernes/4542912-la-pilule-zero-risque-07-01-2013.html?f=player/popup#/la-1ere/programmes/les-temps-modernes/4542912-la-pilule-zero-risque-07-01-2013.html>
11. 6 novembre 2012 : l'émission *CQFD* sur la longévité, human enhancement et la médecine anti-âge  
<http://www.rts.ch/audio/la-1ere/programmes/cqfd/4371872-la-medecine-contre-le-temps-qui-passe-06-11-2012.html>
12. 22 Novembre 2012 : *Radio Suisse romande* - Invitée de la Rédaction Egalité des retraites homme-femme  
<http://www.rts.ch/video/la-1ere/invite-redaction/4452318-retraites-casser-le-modele-lineaire-astrid-stuckelberger-psychologue.html>
13. Printemps 2012 : Emission *Haute Définition* de Dimanche (avec Manuela Salvi)  
<http://www.rts.ch/la-1ere/programmes/haute-definition/>

## Written Press

- 8.12.2016 – Marraïne du Prix de l'Innovation de l'Ambassade suisse à Paris 2016
- November 2014: Interview with Neue Zürcher Zeitung (NZZ, 24.11.14) : « Altern bedeutet nicht nur Abstieg und Abbau » (Seite 44)  
<http://www.nzz.ch/wissenschaft/bildung/altern-bedeutet-nicht-nur-abstieg-und-abbau-1.18430746>
- August 2014. Interview *Ere Magazine*, Magazine des Rentes Genevoises. Genève
- December 2013 : *Planète Santé* Hors Série: « Médecine Anti-Age » <http://www.planetesante.ch/Liens-utiles/Planete-sante-Hors-serie-No-02>
- 24 February 2013 : Article dans *Femina* <http://www.femina.ch/ma-vie/femmes/50-ans-et-la-vie-devant-soi?page=0,1>
- May 2013 : Article 3-4 page dans *Verdens Dag*, magazine hebdomadaire le plus lu en Norvège 18-19 mai 2013 suite à la conférence sur la Médecine anti-âge au Congrès national de Gériatrie
- April 2012 : *Planète Santé* : « La jeunesse éternelle: une réalité en marche »  
<http://www.planetesante.ch/Mag-sante/Ma-sante-au-quotidien/La-jeunesse-eternelle-une-realite-en-marche>
- October 2012 Interview - *Construire-Migros* <http://www.migrosmagazine.ch/societe/entretien/article/vivre-jusqua-150-ans>
- February 2009 : *Planète Santé* : « A l'aube d'une révolution, la médecine anti-âge » <file:///C:/Users/astrid/Downloads/PS2.pdf>
- December 2012 : Editorial of Geriatricians on latest book on anti-ageing medicine → INFO@Geriatrie  
Editorial du Prof. Bula dans la Revue Info Gériatrie sur la parution du livre « Guide des Médecines anti-âge » aux Editions Favre  
[http://www.tellmed.ch/tellmed/Fachliteratur/medinfo\\_Journals/info\\_geriatrie/info\\_geriatrie\\_N\\_4\\_2012.php](http://www.tellmed.ch/tellmed/Fachliteratur/medinfo_Journals/info_geriatrie/info_geriatrie_N_4_2012.php)

## Creation of website for scientific and public health purpose

Creation 2010: My personal professional website : <http://sites.google.com/site/stuckelberger>

Creation 2009: Geneva International Network on Ageing (GINA) – <http://sites.google.com/site/ginagenaintnetworkonageing/>

Creation 2010: NGO Committee on Ageing, United Nations Geneva - <https://sites.google.com/site/unngocomiteeonageinggeneva/>

## Publications posted and downloadable on:

- ⊙ Personal website = [www.astridstuckelberger.com](http://www.astridstuckelberger.com) // <http://sites.google.com/site/stuckelberger> // <http://stuckelberger.socialpsychology.org/>
- ⊙ Site scientifique personnels = [www.researchgate.com](http://www.researchgate.com) // <http://www.academia.edu> // <https://www.mendeley.com/profiles/astrid-stuckelberger/>